

Analgesic choice

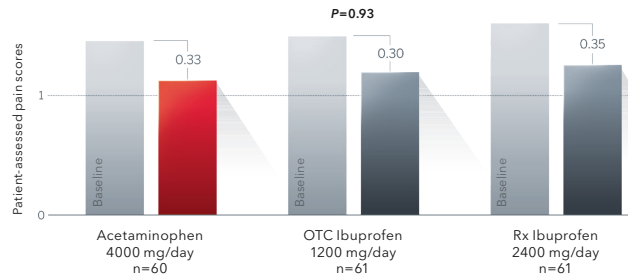
TYLENOL® and osteoarthritis

TYLENOL®: Proven analgesic efficacy in OA—even when inflammation is present¹



30 million adults* are affected by OA²

In one study at 4 weeks, acetaminophen 4000 mg/day was shown to be as effective as Rx doses of ibuprofen (2400 mg/day) and the maximum OTC dose of ibuprofen (1200 mg/day) for OA of the knee.³



Overall Stanford Health Assessment Questionnaire pain scores have a range of 0 to 3. By one-way analysis of variance among the 3 groups. No significant differences were observed between the 3 treatment groups. Adapted from Bradley JD et al. *N Engl J Med.* 1991;325(2):87-91.

Long-term acetaminophen use in OA



An acetaminophen long-term-use clinical study of subjects with OA showed **no clinical evidence of liver dysfunction, even when dosed at 4000 mg/day for up to 1 year.**⁴

Remind your patients: Always read and follow the label. Stop and ask a doctor if pain gets worse or lasts more than 10 days.

Acetaminophen is recommended by the **American Geriatrics Society** as a first-line therapy for persistent pain, particularly musculoskeletal pain.⁵

*OA occurs most often in patients 40 and over.⁶

Effective relief for minor OA pain



TYLENOL® 8HR Arthritis Pain

Time-release formulation provides **fast-acting, long-lasting systemic relief** of minor arthritis pain.

Acetaminophen 650 mg bi-layer caplet



Immediate-release top layer (325 mg) provides fast relief

Extended-release bottom layer (325 mg) provides up to 8 hours of relief

TYLENOL® 8HR Arthritis Pain Caplets*

Active ingredient: acetaminophen 650 mg (in each caplet)[†]



For minor arthritis pain; use product only as directed.

DOSAGE FREQUENCY	DIRECTIONS
2 bi-layer caplets every 8 hours with water	Not to exceed 6 bi-layer caplets in 24 hours Total labeled daily dose: 3900 mg/day

*For children under 18 years of age, at healthcare professional's discretion.
†Extended release.

IMPORTANT INSTRUCTIONS FOR PROPER USE BY PATIENTS

- Read and follow the label on all TYLENOL® products
- Do **NOT** use with any other product containing acetaminophen

For patients with osteoarthritis

Inside:

- Acetaminophen: efficacy, safety, and role
- Multimodal approaches to OA pain
- OA and cardiovascular disease
- OA patient support

From the makers of

TYLENOL®

References: 1. Bradley JD, Brandt KD, Katz BP, Kalasinski LA, Ryan SI. Treatment of knee osteoarthritis: relationship of clinical features of joint inflammation to the response to a nonsteroidal antiinflammatory drug or pure analgesic. *J Rheumatol.* 1992;19(12):1950-1954. 2. Osteoarthritis fact sheet. Centers for Disease Control and Prevention. Updated February 2, 2017. Accessed March 23, 2017. <https://www.cdc.gov/arthritits/basics/osteoarthritis.htm> 3. Bradley JD, Brandt KD, Katz BP, Kalasinski LA, Ryan SI. Comparison of an antiinflammatory dose of ibuprofen, an analgesic dose of ibuprofen, and acetaminophen in the treatment of patients with osteoarthritis of the knee. *N Engl J Med.* 1991;325(2):87-91. 4. Temple AR, Benson GD, Zinsheim JR, Schweinle JE. Multicenter, randomized, double-blind, active-controlled, parallel-group trial of the long-term (6-12 months) safety of acetaminophen in adult patients with osteoarthritis. *Clin Ther.* 2006;28(2):222-235. 5. American Geriatrics Society Panel on Pharmacological Management of Persistent Pain in Older Persons. Pharmacological management of persistent pain in older persons. *J Am Geriatr Soc.* 2009;57(8):1331-1346. 6. Osteoarthritis. American College of Rheumatology. Updated March 2017. Accessed March 23, 2017. <http://www.rheumatology.org/1-Am-A/Patient-Caregiver/Diseases-Conditions/Osteoarthritis>